

Form IV
[See rule 3]

The All India Service (Performance Appraisal Report) Rules, 2007

PROFORMA FOR HEALTH CHECKUP FOR IPS OFFICERS

Date:-

Name

Age

Sex: M/F

Height

Weight

Chest Expansion

Brief clinical history, if any:

I: Examination

A. General Physical Examination

B. Systemic Examination

C. Hearing

D. Vision

II. Investigations

Haemogram

Hb%

TLC

DLC

Peripheral Smear

Blood Sugar

F

P.P

Lipid Profile

Total Cholesterol

HDL Cholesterol

LDL Cholesterol

VLDL Cholesterol

Triglyceride

Liver Function Test

Total Bilirubin

Direct Bilirubin

Indirect Bilirubin

SGOT

SGPT

ALK Phosphatase

S Protein

Albumin

Globulin

Kidney Function Test

Urea

Creatinine

Uric Acid

Electrolytes

Na+

K

Calcium

Inorganic Phosphates

Cardiac Profile

CPK

CK-MB

LDH

SGOT

Urine

Routine

Microscopic

Sugar

Albumin

E.C.G.

+X-ray Chest

Ultra Sound Abdomen

Hearing

Vision

Physical Efficiency Test

Any other Investigation

Advise

B: Medical Report of the Officer

1.	Haemoglobin level of the officer	Normal/ Low
2.	Blood Sugar level	Satisfactory/Normal/ High/Low
3.	Cholesterol level of the officer	Normal/ High/Low
4.	Liver functioning	Satisfactory/Normal/ dysfunctioning
5.	Kidney Status	Normal/Both-one kidney not functional optimally
6.	Cardiac Status	Normal/enlarged/blockd/not normal
7.	BMI (Body Mass Index)	Underweight/Normal/Overweight/Obese
8.	Endurance Test	Excellent/Normal/Low

C: Summary of Medical Report (copy to be attached to PAR)

1.	Physical Fitness	Excellent/Fit/Unfit
2.	Overall Health of the officer	Excellent/Very Good/Good/Average
3.	Any other remarks based on the health medical check up of the officer	
4.	Whether Fit for Field Duty	Yes/No

Date

**Signature of Medical Authority
Designation**